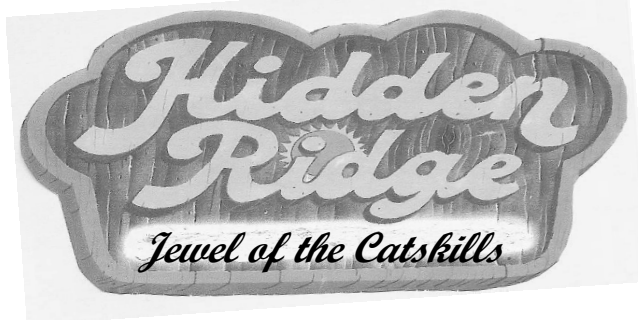


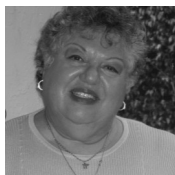
# The Hidden Ridge GEM

April 2009

Issue 09-01



## From the Editor



Dear Fellow Hidden Ridgers,

*As I write this message, I want to let all of you know that today it was warm where I live. The sun was shining and the weather was pleasantly mild with a slight breeze to cool the rays of the sun as they beat down on me. I enjoyed the weather, I enjoyed my day and I enjoyed the fact that I could spend my winter in Florida, a most pleasurable factor I derive from my life in retirement.*

*That is not to say that I was unaware of weather reports from elsewhere in the United States, especially Monticello, New York. How could I not be aware? Daily, at least one conversation would take place between Bonnie Siegel, my live-in Hidden Ridge Board member and any of the other Board members to discuss the conditions at Hidden Ridge this winter and what was being done from afar to ensure the comfort and safety of those homeowners who make their permanent residence at Hidden Ridge or those who choose to enjoy their weekends in the community.*

*To date, three official Board meetings have been held at our home as well as countless unofficial meetings here and elsewhere. You have received two newsletters and your documents sent from Florida. The Social Committee, too, has met and actively been sharing ideas with each other and Board members about possible activities for the 2009 summer season at Hidden Ridge (see page 8).*

*I am also privy to the conversations that Rhoda Hertz, the Board member whose job it is to help beautify Hidden Ridge's public spaces as well as ensure safety and snow removal, has had with Bonnie and Jeff about these issues. And all of these Board members have had several discussions with Gerry Epstein to ensure the pool will be ready for the community when it is time for the season opening.*

*Why do I mention this? I am not sure that people know how hard they work for the community. I have watched Board members worry and fret over the community that they love and have promised to maintain. However, the task isn't easy, regardless where they live. They attempt to work magic for our 25 year old community, which had construction issues to begin with. I have witnessed their distress over conditions*

*(continued on page 6)*

## The President's Message



Dear Hidden Ridgers,

Spring has sprung and with it comes thoughts of lawns becoming greener, flowers starting to bloom and many of us returning to the Catskills. Those of us who have been away from the "mountains" anxiously await the day that we return to our community in all its beauty. I hope that we have as enjoyable a season as we did last year.

The new snow removal company worked out very well as did the new garbage collection company. The will both be retained. I have spoken to D& R regarding those select walkways that owners have told me they would want to be cleared next winter. The company has agreed to do so for a nominal fee to be worked out between the individual homeowner and the company. Anyone who may have interest in this extended service, please contact Rhoda Hertz or me.

The shows at our clubhouse were first rate last year and we hope to do as well this season. Our social committee has been working on the entertainment for this coming year and the fun activities we have so enjoyed. However, in order to maintain the level of enjoyment we all share in Hidden Ridge, there will be maintenance work done, especially at the pool area. The bathrooms will be redone and new fans will be installed on the pavilion. The pool itself will undergo repairs and repainting. We are hoping to have all of this work done before the season officially opens; however, we are at the mercy of the construction companies, so one can never be sure that our deadlines will be met.

Speaking of construction, many homes are showing signs of wear now. We have seen some homes needing roofing work last season as well as walls replaced and other concrete work being done. As a community, we spent a considerable amount of time and money replacing the wooden retaining walls throughout as most of them were rotting. This year, one priority is refurbishing our lawns and bushes, reseeding our public areas, and increasing the upkeep of our community in general. All of this work takes time and we request your patience and indulgence as we go about beautifying Hidden Ridge. Remember, we will get to everyone's cul de sac, but we can't do them all at once!

*(continued on page 6)*

## 2008-2009 Board of Directors

Jeff Lynn	President	791-4632	954-968-1679
Helene Schulman	Vice-Pres.	707-4645	845-807-3938
Arthur Press	Treasurer	794-2060	561-477-6363
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Jerry Epstein	Director	791-8826	561-687-5145
Bob Turetsky	Director	791-1051	646-244-6169

**Hidden Ridge H.O.A.**  
PO Box 976

Monticello, NY 12701

Patrol/Safety number: 845-794-8180  
Jeff Lynn's cell number: 954-461-4858

## Hidden Ridge H.O.A. Committees

Beautification	Rhoda Hertz, Liaison
Grievances	Jeff Lynn, Liaison
HR GEM Newsletter	Bonnie Siegel, Liaison
Pool	Jerry Epstein, Liaison
Maintenance	Bob Turetsky, Liaison
Safety & Snow Removal	Rhoda Hertz, Liaison
Sanitation & Recycling	Jerry Epstein, Liaison
Special Projects/Rentals	Helene Schulman, Liaison
Social Committee/Clubhouse	Bonnie Siegel, Liaison

## Upcoming Events



### Next Board Meeting:

May 28, 2009 (Time: TBA) in the clubhouse

## GEM Staff



Linda Solomon	Editor-in-Chief
Bonnie Siegel	Senior Editor
Contributing Writers	Lori Beldiny
	Ellen Burzichelli
	Rhoda Hertz
	Beverly Iselin
	Robbie Schecter

Please send your information to:

Linda Solomon at [Bonsdiva@aol.com](mailto:Bonsdiva@aol.com) or 845-791-6056  
or bring it to 6 Hidden Ridge Terrace  
Before May 1: 6675 Overland Drive  
Delray Beach, FL 33434  
561-498-9338

## Important Reminder



Vice President Helene Schulman continues to remind all homeowners that insurance certification is required by our HOA. The forms should indicate home unit number. Also, handwritten details are unacceptable on these documents. Send your certification forms directly to the Hidden Ridge Office, P.O. Box 976, Monticello, NY 12701.

## Important Information for Homeowners who Plan to Rent or Sell

If you are planning to rent or sell your Hidden Ridge unit, please contact Bonnie Siegel (917-969-9646 or [siegelmath@aol.com](mailto:siegelmath@aol.com)) to obtain the correct regulations and forms for 2009. Please specify if you are renting or selling.

## Welcome to our New Neighbors



Leonard Kirshenbaum

151 H.R. Drive

If you have not already done so, please send in your bios so that we can recognize your birthdays, anniversaries, and special occasions.

Contact Linda Solomon for the form as we are attempting to save money by not including it in this mailing. Thanks!

## Classifieds



*Wanted:* Ads to defray costs of printing the GEM, such as, business cards, etc.

Prices for ad space in newsletter:

• full page	\$25/issue	\$100/year
• 1/2 page	\$15/issue	\$ 75/year
• 1/4 page	\$10/issue	\$ 50/year
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Call Linda at 845-791-6056

561-498-9338 (Nov.-Apr.)

Please contact me for the contract form if you need one.

## Life Cycle Events



Passover  
April 9



Cinco de Mayo  
May 5



Mother's Day  
May 10



Easter  
April 12



Memorial Day  
May 26

## Happy Birthday

April - Birthstone: Diamond  
May - Birthstone: Emerald

Aries (Mar. 21 - Apr. 19)  
Taurus (Apr. 20 - May 20)  
Gemini (May 21 - June 20)

04-04 Benita Goldstein	05-03 Roberta Shapiro
04-06 Donald Singer	05-04 Fran Katz
04-07 Carole Levine	Brian Levine
04-08 Milton Firsker	05-09 Henry Hackel
04-09 Robbie Schecter	05-12 Joel Karp
04-16 Stan Schecter	05-13 Stewart Goldstein
04-20 Charney Greenberg	05-16 Marlene Marcus
Sy Rosdeitcher	05-17 Irving Allen
04-24 Betty Fuchs	Allan Shapiro
04-23 Jacqueline Levine	05-25 Jerry Bassik
Rebecca Levine	Thelma Friedenthal
04-25 Joe Gluck	05-26 Aaron Friedenthal
04-27 Harvey Levine	05-27 Diane Silber
04-28 Debbie Hackel	05-28 Norm Katz

## In Memoriam

With deep sorrow we inform you of the passing of our neighbors, **Abraham**

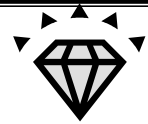
**Moscowitz**

and

**Lester Rosenthal**

We extend our sincere condolences to their wives, Rita and Lee, their families and friends.

## SPECIAL GEMS



- *Mazal Tov to Fred and Claudia Press and to the very proud grandparents, Helen and Arthur Press, on the birth of their son and grandson, Daniel.*
- Thank you to Rhoda and Ed Hertz for their gift to the GEM of an electric staple gun.
- *Mazal Tov, Stan & Robbie Schecter on the marriage of their son, Steve to Tanya on March 29th.*

## Happy Anniversary

- |                                     |                                  |
|-------------------------------------|----------------------------------|
| 1. Clocks and Watches               | 15. Watches                      |
| 2. China                            | 16. Silver Hollowware            |
| 3. Crystal and Glass                | 17. Furniture                    |
| 4. Electrical Appliances            | 18. Porcelain                    |
| 5. Silverware                       | 19. Bronze                       |
| 6. Wood                             | 20. Platinum Watches and Jewelry |
| 7. Desk Sets - Pens and Pencil Sets | 25. Sterling Silver Jubilee      |
| 8. Linens and Laces                 | 30. Diamond Watches and Jewelry  |
| 9. Leather                          | 35. Jade                         |
| 10. Diamond Watches and Jewelry     | 40. Ruby                         |
| 11. Fashion Jewelry and Accessories | 45. Sapphire                     |
| 12. Pearl or Colored Gems           | 50. Golden Jubilee               |
| 13. Textiles or Furs                | 55. Emerald                      |
| 14. Gold Watches and Jewelry        | 60. Diamond Jubilee              |

04-03	Hermine & Barry Block
04-04	Zena & Michael Gensberg
04-09	Sylvia & Donald Singer
05-29	Roberta & Allan Shapiro
05-31	Shirley & Murray Asch



## Get Well Wishes

*Irving Allen*

*Jill Friedman*

*Stewart Goldstein*

*Red Karbel*

and

*our good friend, Oscar Pavloff*

## Condolences

We offer our deepest condolences to Espi Semetis Turetsky on the loss of her father,  
*George P. Semetis*

## Dining and Entertainment

### Robbie's Recipes



This month we have three recipes to share with you. The first is my daughter Jennifer's Exceptional Bean Dip. The second comes from our own Frieda Jacobowicz, who makes the most delicious eggplant latkes. The third is my delicious Passover Spinach Pie for which I get great reviews! We hope you enjoy!  
*Robbie Schechter*

### Jennifer's Exceptional Bean Dip

2-10 1/2 oz. cans Fritos bean dip  
1 C sour cream  
-8 oz. pkg. cream cheese, softened  
1-1 1/4 oz. pkg. taco seasoning mix  
20 drops Tabasco sauce  
1 bunch green onions, chopped  
1/2 lb. sharp cheddar cheese, grated  
1/2 lb. Monterey jack cheese grated  
tortilla chips

Preheat oven to 350. With an electric mixer, combine all ingredients except cheddar and jack cheeses. Spoon into a greased shallow 2-quart casserole. Top with grated cheeses. At this point the dish may be refrigerated until party time. Bake uncovered for 15 minutes or until cheeses are melted. Wrap casserole in gaily colored napkins and serve with a basket of crisp tortilla chips.

### Frieda's Eggplant Latkes

1 eggplant  
2 medium potatoes  
2 T cornmeal  
1 onion  
2 cloves garlic  
4-5 eggs beaten  
1/2 C water  
1 tsp. artificial sweetener  
1 C flour (Frieda uses soy flour rather than wheat flour)  
pinch of pepper

Peel eggplant and soak in water for 1 hour. Grate the onion and eggplant on the large hole side of grater. Grate the garlic and potatoes on the small hole side. Mix with the eggs and water and combine with all other ingredients. This should create a loose batter. Fry in extra virgin olive oil.

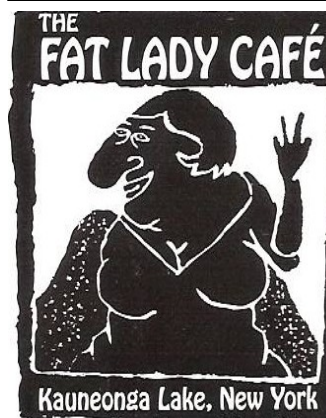
### Robbie's Passover Spinach Pie

6 T olive oil  
2 pkgs. thawed, frozen chopped spinach  
2 C chopped scallions  
1 C matzo meal  
1 C fresh dill, chopped  
8 eggs  
4 T lemon juice  
2 whole matzos  
1/2 - 3/4 C feta cheese

Grease sides & bottom of shallow 2 quart baking dish with 1 T oil. Heat remaining 5 T oil in heavy skillet. Add scallions, and after a few minutes, add the spinach. Stir until wilted and well combined with the oil. Stir in matzo meal and combine well. Add the dill. Remove pan from heat. Beat eggs with lemon juice until frothy, 4 - 5 minutes with electric mixer. Add spinach, salt & pepper to taste, and feta cheese. Break whole matzos and scatter pieces on bottom of greased pan. Pour spinach mixture into the pan. Bake at 350 for 35 - 45 minutes, until top is nicely browned.

**AND ENJOY!**

The next issue of the Hidden Ridge GEM will be published in June issue and distributed up at the Ridge! Deadline for bylines and other information will be May 15, 2009.  
Thank you!



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## The Treasurer's Report

submitted by Arthur Press



When you consider the economy and other conditions we, as citizens of the United States must face, we are fortunate to announce that things at Hidden Ridge are stable. We are doing well. Your Board is working on our budget for the year ending April 30, 2010. I would appreciate your sending me, by email, any suggestions as to what expenditures we may reduce in order to keep maintenance fees in line. Our profit and loss statement for 9 months reflects \$1200.00 revenue over expenses as of February 28, 2009. We have built our total in all of our bank accounts, including reserves, to \$208,000.00.

We have had some problems collecting maintenance dues from some owners. The names of any homeowners owing their maintenance for more than 60 days have been turned over to our attorneys for collection (fees will be added to the outstanding billed amount). We will continue to procure a judgment and lien on each of these respective units. There is one unit that is in foreclosure and we are pursuing a judgment against the owner. This allows us to attach personal property as well as salaries.

Our auditors are in the process of finalizing the draft of our audit. They were delayed in this process because they did not receive the information in a timely manner from our accounting firm.

It is our intent to keep the community totally informed about these issues; nothing will be hidden. I wish you all a healthy end of the winter and hope that you are not overcome by daily events in this disastrous economic climate.

## Remember when...

*We were three tables full at the Sullivan County Florida reunion on February 8th at Benevenuto in Boynton Beach. Each of us had our own reason for being there, but it was, for many, a tribute to Sylvia and David Rashkin, who had inspired the presence of their Hidden Ridge neighbors and friends at the reunion. For others, like me, it was an opportunity to "find" people from our past who would help us remember the Sullivan County of our youth. For Ellen Burzichelli, it was another opportunity to meet and greet her friends from "home," Liberty as well as celebrate her new home, Hidden Ridge. Here is her report on this wonderful experience!*

### Reunion: An Opportunity to Be Happy to Reminisc

submitted by Ellen Burzichelli

I haven't seen so many happy people greeting each other with such fervor since I observed a family wedding. The scene was the annual Sullivan county reunion, an annual event. This year there were 293 people in attendance. The criteria was that you had to have connection to Sullivan County, whether as a resident or a summer visitor. I have attended previous reunions, as I am a genuine Catskill girl, having grown up in Liberty, NY and graduating from Liberty High School (as did another Hidden Ridger, Betty Fuchs).

Sylvia and David Rashkin, former Mountaindale residents, have attended this reunion for more than fifteen years. They originally attended the Woodridge/Mountaindale reunion; but when that disbanded, they became part of the combined Monticello-Mountaindale reunion group.

I have met people I had not seen in years and this year was no exception. I brought a friend and high school classmate with me and we met several people from our home town whom we knew and enjoyed seeing again. We exchanged memories and enjoyed reminiscing.

The difference for me this year was that there were thirty-two people representing Hidden Ridge present. I hadn't seen most of the group since I left for Florida this past October. I was like a mini reunion just for us! We spent a good deal of the time catching up with each other, both the Liberty folk and those from Hidden Ridge. The food was great and several Hidden Ridge people walked out with door prizes. I am already looking forward to next year and hope that there will be an even larger presence from Liberty as well as Hidden Ridge.

Charlotte Keston, one of the organizers, told me that they have begun planning next year's reunion, which will be held on February 14, 2010. We'd like to add a few more tables from the Ridge. So, you Floridians or "wanna be" Floridians, plan to attend. A special thanks to Barbara Mark for organizing our group.

## Words to Live By



*We are made wise not by the recollection of our past, but by the responsibility for our future.*

~ George Bernard Shaw

Old age to the unlearned is winter, to the learned it's harvest time.

~ Yiddish proverb

## For Your Information



### Terry's Fitness Corner

## Spring Is Here! Renew! Re-Commit to Your Exercise Program!

*submitted by Terry Steinberg, Fitness Specialist*

Lack of exercise leading to weight gain in midlife is a well known and depressing fact of aging - your metabolism slows about 2% per year after the age of 40. If you eat the same and exercise the same as you always did, you will gain weight slowly and usually around the belly. This is a particularly difficult concept for those women and men who never struggled with "dieting" before but now, in midlife, find they are confronted with a changing "uncomfortable" body image. Believe it or not, research data has shown that in midlife, women and men doing 200 minutes of exercise a week will only maintain their weight (providing they do not exceed a calorie intake of 1500-3000 calories, depending upon height, etc.). At this stage of the game, they must exercise a minimum of 300 minutes per week in order to lose weight. Now you know why you can never lose those 5 - 10 extra stubborn pounds!!

So, you can see how important it is for you to continue and expand or renew or recommit to exercise. You would not leave your house without brushing your teeth. You should look at an exercise regime in the same way. It must be a part of your life in your winter home surroundings and certainly, in our beautiful outdoors summer atmosphere here in Hidden Ridge. For those of you who winter in a warmer climate, you have the advantage of that "outdoorsy" atmosphere all year round!

As I wrote all last year, there are multiple components that are equally important in an exercise routine cardio - (sweat) gets your heart pumping; strength - for your muscles and bones; and stretching. As we age, FAMS (flexibility, agility, mobility, and strength) training have so many benefits to our health - bone health, heart health, weight loss (or maintenance), which, in turn, will help prevent or treat high blood pressure or type 2 diabetes, joint health and a sense of overall well-being from looking good and feeling good.

Tomorrow is the first day of the rest of your life. Make a new commitment; keep a notebook if it helps, or get a buddy. Start slowly or knock your present workout up a notch. Choose walking, swimming, jogging, dancing, a sport, yoga, Pilates or any of the activities I have written about. Always check with your doctor first and get moving! See you at Kutsher's Hotel or the Ridge!

Next issue: "How to Beat Those 'Colds' Naturally"

(continued from page 1, President's Message)

This work also takes money. We all know the economy has taken a downturn. Almost all of us have felt the sting. The Board hopes to keep our services up to the standards of last season which many felt was the best ever. We will do whatever is possible to keep our costs down this year so that everything will run as smoothly as possible without straining our budget. As all residents know, this Board has kept its promise to return our monthly maintenance costs to the level of payments two year's ago. This has not been easy, but we promised and delivered. Needless to say, this year will be more trying as needs for repair and improvement increase in our ever-older community while all of us feel the nip of the economy on our pockets. In several instances, too, some homeowners have fallen behind in their dues. The Board is doing everything we can to work out the problems and to retrieve the monies the community is due. We continue to be guided by our legal advisors and our bylaws which indicate that the cost of our legal fees in these matters will be borne by the offending parties. This should offset the extra cost of the lawyers' fees we have had to undertake to ensure these funds, which are rightfully due to the community, are retrieved.

My wife and I enjoy our time in Monticello greatly. Many of you tell me that it is the best time of the year for you. Let's work together to make this year the best year ever! I look forward to seeing many of you shortly.

*Jeffrey Lynn, President*

(continued from page 1, From the Editor)

*that they should not have to worry about. Yet they do. They agonize from a distance how to ensure that Hidden Ridgers have access, comfort and security in their homes during the winter. There are very few full-timers or weekenders who offer to assist the Board in overseeing what is happening. To those who help out, I, personally, say thank you. You have shown through your actions you understand that it takes everyone to make a community vibrant and viable. To those of you who just complain because "this" wasn't done the way it was done before or because "that" doesn't suit you personally, I would like to say, maybe it's time to get involved. Perhaps you have a better idea or can oversee something that needs a more personal touch. Maybe you know of a service provider who is reliable or might service us in a better way or for less money. You can make a difference and it behooves you if you continue to live at Hidden Ridge to help it become better than ever.*

*Seven people cannot do it all alone. It takes all of your input and support to make it better. It also takes patience. Remember, we want things done but not during season because we want to enjoy our homes at Hidden Ridge. Winters are long and brutal so work cannot be done except in the spring and fall. We want a beautiful community where people will want to buy and not just let it go to ruin so funding is necessary. The Board is doing what it can under this unfavorable economic climate to maintain our homes and public spaces without raising our monthly maintenance fees. Give a damn and give your hand in helping your elected officials to do what they must to make matters right! Please watch for the next Board meeting in May at Hidden Ridge and make it a point to attend.*

*Linda Solomon, Editor-in-Chief*

## For Your Information



### A Defibrillator for Hidden Ridge *submitted by Rhoda Hertz*

Hi, Everyone -

Please do not let a life-saving idea go down the drain. Hidden Ridge HOA needs any do-re-mi you can spare for the Defibrillator Fund. Considering our homeowners' and renters' ages, this is a very necessary piece of equipment to have on hand. I am hoping to collect enough funds to purchase two devices; one for the pool area and one for the clubhouse. The cost approximately \$1,200.00 each.

If you will just put away \$1.00 a day, thus saving \$30.00 a month and sending four months' worth to our accounting office along with your maintenance checks, you will save stamp money and perhaps, save a life! We need each other, please do not let us fail in this endeavor. If you have any questions, contact me, 561-391-8982. Thanks!



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## A Ponderance ...

*submitted by Beverly Iselin*

Lovers of the English language might enjoy this. It is yet another example of why people learning English have trouble with the language. (But then, that's probably true of many languages.)

There is a two-letter word in English that perhaps has more meanings than any other two-letter word, and that word is "UP." It is listed in the dictionary as being used as an adverb [adv], preposition [prep], adjective [adj], noun [n] or verb [v].

It's easy to understand UP, meaning toward the sky or at the top of the list, but when we awaken in the morning, why do we wake UP?

At a meeting, why does a topic come UP? Why do we speak UP, and why are the officers UP for elections and why is it UP to the secretary to write UP a report? We call UP our friends and we use it to brighten UP a room, polish UP the silver, we warm UP the leftovers and clean UP the kitchen. We lock UP the house and some guys fix UP the old car. At other times the little word has a real special meaning. People stir UP trouble, line UP for tickets, work UP an appetite, and think UP excuses.

To be dressed is one thing but to be dressed UP is special. And this UP is confusing: A drain must be opened UP because it is stopped UP.

We open UP a store in the morning but we close it UP at night. We seem to be pretty mixed UP about UP! To be knowledgeable about the proper uses of UP, look the word UP in the dictionary. In a desk-sized dictionary, it takes UP almost 1/4 of the page and can add UP to about 30 definitions.

If you are UP to it, you might try building UP a list of the many ways UP is used. It will take UP a lot of your time, but if you don't give UP, you may wind UP with a hundred or more.

When it threatens to rain, we say it is clouding UP. When the sun comes out we say it is clearing UP. When it rains, it wets UP the earth. When it does not rain for awhile, things dry UP!

One could go on and on, but I'll wrap it UP, for now.....my time is UP, so time to shut UP!

Oh...one more thing:

What is the first thing you do in the morning and the last thing you do at night? U P...

Don't screw UP. Share this with all of your friends. You can look them UP in your address book! UP to now, how many UPs did you count?

## Social Committee

The Social Committee has had its preliminary meeting to begin the process of planning for the 2009 season. Several issues were discussed not least of which is that MORE people are needed to make the season successful. This is a small volunteer group of individuals who have undertaken the task of planning, serving and cleaning up before and after the clubhouse and the poolside pavilion have been used by members of the community. We need your help. If you feel you can assist on a Saturday evening with serving and/or cleanup, please see the Board Liaison, Bonnie Siegel. She will gratefully accept your help. Or if you have ideas for some activities we might all enjoy, let her know that, too.

A very significant issue was discussed both by the Social Committee and the Board, that is, money. This year we face economic hardship along with a longer season there are 10 weeks rather than 9 for which entertainment must be planned. One suggestion was to reduce the Saturday entertainment in half; however, the majority of the Board and the Social Committee rejected this idea outright.

So, how do we defray the additional costs on a budget that has not been increased, but rather, might be decreased and still maintain the high caliber of entertainment as we have had in the past? The virtually unanimous decision was to charge a nominal fee for entertainment rather than raise our maintenance dues. Homeowners will be able to purchase a book of tickets for all shows at a discount price. Or they will be able to pay for individual Saturdays. Guests will be charged just slightly more than homeowners for the price of an individual ticket. This process, while new to Hidden Ridge, is a familiar way of handling entertainment for many of you and certainly beats not having entertainment in our own clubhouse every week!

Here are some of the activities that are being planned for our enjoyment this summer: a sock hop, karaoke night, DJ and dancing, pizza night, continued card and game nights, Bingo, movie night, Saturday poolside cocktail hour with everyone bringing their own snack and drink, Sunday pot luck suppers. I, for one, am quite excited with the coming of summer and the activities planned - I can't wait to get to Hidden Ridge!

## H.R. Club News



Rhoda Hertz would like to start a Yiddish Club at Hidden Ridge for people to enjoy the "Mamaloshen." If you want to join Rhoda in learning idiomatic expressions, some songs and a little conversation, please contact her in June when we are all back enjoying the spring to summer.



**Barkie says,**

**It's almost time for those of you who are away to come home. Don't forget to make sure that we all enjoy a wonderful season, be a responsible pet owner.**

**Thanks,  
Barkie!**



**Watch for the 2009 Hidden Ridge Social Calendar in our June Issue of the GEM!**



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To: *Brian Kudler & Eddie Erlich on their marriage,*  
*December 23, 2008*  
From: *All of your friends at Hidden Ridge*



*This wonderful, happy event  
took place in Canada and we  
all wish you both a hearty mazal  
tov. Wishing you a house full of sun-  
shine, hearts full of cheer, love that  
grows deeper each day and year. May  
you always be surrounded with the  
caring, love and friendship  
you both so readily share  
with people who  
love you..*

Submitted by Rhoda Hertz



**ABOUT US:**  
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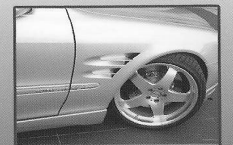
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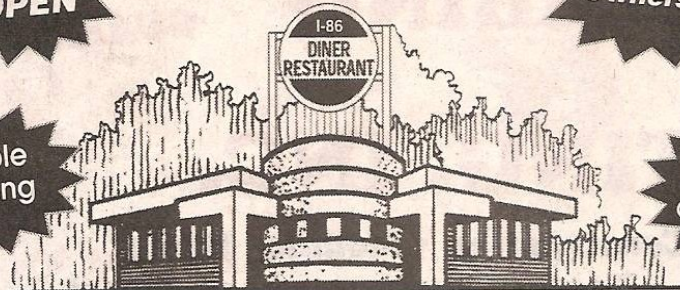
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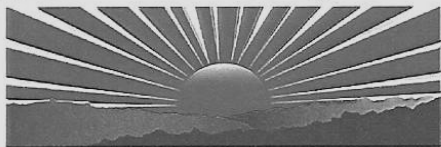
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*Date for submission of articles/  
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**May 15, 2008**

Next Issue: **June 2008**

*Blue Horizon*



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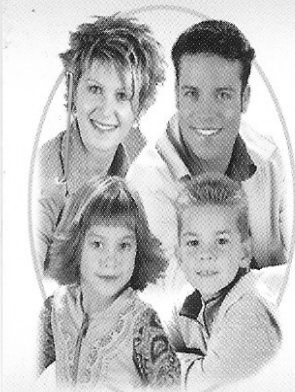
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## Power and Force

submitted by Lori Beldiny

When you get the vital difference between "power" and "force," you will engage in a process that will assist you in releasing your fear and unlocking unexplainable joy!

Once you let go with "forcing" your life, living with the "have to do's" and the "must do's," you suddenly discover that living a fulfilled life is not about *doing* things. It's about *being* - being someone who can attract what you want. Then, the *doing* happens naturally. You don't need to become motivated to *do* things, *doing* is an illusion. Just get into the action and make things happen.

As you shift from force to power [empowerment] you suddenly step into the synchronistic and magical experiences that will uplift you. Gone are the mornings when you wake up dreading everything on your plate - all of the "to do's." And as you shift out of force, people will start to like being around you. Step into your "power" and let go of the "force."

Force is that set of goals that you feel you must achieve in order to be happy. The only problem is, once you fall into that trap, you will only set more goals, and more still thinking that one day you will be happy. Letting go lets happiness come into your life naturally. You will live in peace, finding that all of your dreams have been fulfilled. That's power and it is yours if you let go of the "force."

Your Neighbor,  
Lori Beldiny  
homebylori@optonline.net

P.S. We are sad to announce that our beautiful end unit at 123 Hidden Ridge Drive is now on the market for sale. We have fallen in love with Southern California and plan to purchase a home there. If you are interested in our unit, please call me at 516-380-1111 for price and information.



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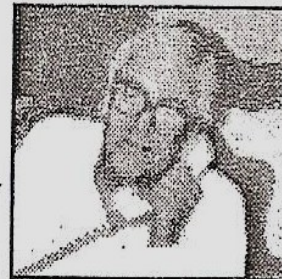
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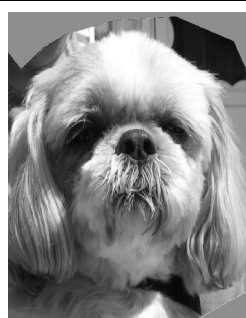
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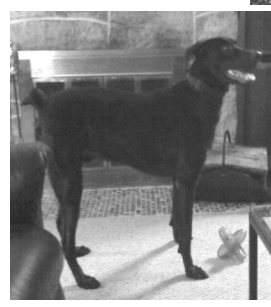


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